

**IN THE CLAIMS**

1. (currently amended): A method of ~~preventing or~~ treating a common cold in a mammal, or of treating or ameliorating the symptoms of a common cold in a mammal, which comprises administering to said mammal an effective amount of one or more substances selected from conjugated fatty acids and derivatives thereof.
2. (original): Method as claimed in Claim 1, wherein said mammal is a human.
3. (original): Method as claimed in Claim 1, wherein said mammal is administered a composition comprising a conjugated fatty acid or a derivative thereof and wherein said composition is a pharmaceutical composition, a foodstuff or a food supplement.
4. (original): Method as claimed in Claim 1, wherein the conjugated fatty acid or derivative thereof is conjugated linoleic acid or a derivative thereof.
5. (original): Method as claimed in Claim 1, for reducing the recovery time after a common cold.
6. (original): Method as claimed in Claim 1, wherein the common cold is caused by a coronavirus or a rhinovirus.
7. (original): Method as claimed in Claim 1, wherein the amount of conjugated fatty acid or derivative thereof is from about 0.1g to about 20g of conjugated fatty acid or derivative thereof per day.
8. (original): Method as claimed in Claim 4, wherein the conjugated linoleic acid or derivative thereof comprises trans10, cis12 and cis9, trans11 isomers and the weight ratio of trans10, cis12 isomer to cis9, trans11 isomer is at least 1.2:1.

9. (original): Method as claimed in Claim 1, wherein said mammal is administered a composition comprising a conjugated fatty acid or a derivative thereof and wherein said composition is a foodstuff selected from the group consisting of margarines, fat continuous or water continuous or bicontinuous spreads, fat reduced spreads, confectionery products such as chocolate or chocolate coatings or chocolate fillings or bakery fillings, ice creams, ice cream coatings, ice cream inclusions, dressings, mayonnaises, cheeses, cream alternatives, dry soups, drinks, cereal bars, sauces, snack bars, dairy products, clinical nutrition products and infant formulations.

10. (original): Method as claimed in Claim 1, wherein said mammal is administered a composition comprising a conjugated fatty acid or a derivative thereof and wherein said composition is a pharmaceutical composition in the form of a tablet, capsule, solution or emulsion.

11. (original): Method as claimed in Claim 1, wherein said mammal is administered a composition comprising a conjugated fatty acid or a derivative thereof and wherein said composition is a food supplement in the form of a soft gel or a hard capsule comprising an encapsulating material selected from the group consisting of gelatin, starch, modified starch, starch derivatives such as glucose, sucrose, lactose and fructose.

12. – 23. (cancelled)

24. (new): Method as claimed in Claim 1 which comprises the treatment of one or more of sneezing, runny nose, nasal obstruction, sore throat, itchy throat, coughing, hoarseness, asthma exacerbation, headache, fever, chilliness and malaise.

25. (new): Method as claimed in Claim 24 for the treatment of sore throat.